The Heart Attitudes
Relational and Personal Values
(Adapted from the teaching of Pastor Harold Bullock, Hope Community Church, Fort Worth, Texas)

Christian Challenge strives to be a value-shaping ministry that teaches about the things important to the Lord: how we honor God, how we treat people, and how we live life. The Heart Attitudes are relational values that help create value-driven lifestyles. These attitudes and values must be lived out by leaders and students in order to “flavor” the ministry’s activities and life.

People live their lives based on their “value structure” (priorities). In this day and age, the media and culture powerfully influence the way our values are shaped. Our desire is that God’s Word would effectively change hearts and lives—not only through the teaching of Christian values, but also by creating experiences in which participants begin to see these values lived out and begin to adopt them as their own.

_Heart Attitude: a chosen mental/emotional preset that shows up in actions._

Instructions: For each Heart Attitude listed below, answer the following questions.
- As a believer and follower of Jesus, WHY should you embrace this attitude?
- WHAT are your biggest obstacles to honestly embracing this attitude?
- HOW will you know when you have embraced this attitude? What will the evidence be?
- WHEN will you take your next step of obedience toward this attitude? Explain what that step will be.

1. **I will attempt to put the goals and interests of others above my own.**
   “Each of you should look not only to your own interests but also to the interests of others.” Philippians 2:4 (Philippians 2:1-10, John 13:34-35, 1 John 3:16)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?

2. **I will attempt to live an honest, open life before others.**
   “Each of you must put off falsehood and speak truthfully to his neighbor, for we are all members of one body.” Ephesians 4:25 (1 John 1:7, Acts 24:16, 1 Chronicles 29:17)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?

3. **I will attempt to give and receive Scriptural correction.**
   “Warn one another every day…that none of you may be hardened by the deceitfulness of sin…” Hebrews 3:13 (1 Thessalonians 5:14, Galatians 6:1, Psalm 141:5)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?
4. I will attempt to clear up relationships.
   “Do not let any unwholesome talk come out of your mouths, but only what is helpful for building others up according to their needs, that it may benefit those who listen.” Ephesians 4:29 (Romans 14:13, Romans 12:10, Romans 12:18, Matthew 5:23-24)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?

5. I will attempt to live out a servant attitude and do my part to participate in the ministry of Christian Challenge.
   “As each one has received a special gift, employ it in serving one another as good stewards of the manifold grace of God.” 1 Peter 4:10 (2 Thessalonians 3:11-13, Romans 12:5, Luke 17:10)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?

6. I will attempt to live out a generous lifestyle with my time and money.
   “Remember this: Whoever sows sparingly will also reap sparingly, and whoever sows generously will also reap generously.” 2 Corinthians 9:6 (Proverbs 11:24-25, 1 John 3:17, 2 Corinthians 8:7)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?

7. I will attempt to follow spiritual leadership within Scriptural limits and make it a joy for my leaders.
   “Obey your leaders and submit to their authority…so that their work will be a joy, not a burden, for that would be of no advantage to you.” Hebrews 13:17 (1 Thessalonians 5:12-13, Titus 3:1, Jeremiah 12:5)
   - WHY?
   - WHAT?
   - HOW?
   - WHEN?

Memorize: Proverbs 4:23